Food Services Director: Jennifer Wilinsky wilinskyj@readingsd.org
Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



Alternate Entree

Reading School District High School Lunch Menu March 2024



Assorted Fresh Veggies

Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

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Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Entrees of the week					1-Mar
Monday - Mickey's Cheese Pizza, Bean & Cheese Burrito, Italian Hoagie, Chef Salad Tuesday- Pepperoni Pizza, Hamburger, Ham					Chicken Alfredo Pasta w/ Garlic Knot
& Cheese Sandwich, Crispy Chicken Salad Wednesday - Buffalo Chicken Pizza, Chicken Patty Sandwich, Turkey & Cheese Wrap, Cobb Salad					Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit
Thursday- Meat Lover's Pizza, Egg, Turkey Bacon & Cheese on Croissant, Taco Salad	424	5.36	CM.	7.14	0.14
Friday- 4 Cheese Pizza, Grilled Chicken Sandwich, Tuna Salad Sandwich, Grilled	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
Chicken Salad ** Alternate Entree option will be served with fruit and vegetable of the day.**** Offered Daily:	Popcorn Chicken Bowl w/ Cornbread	Hot Ham & Cheese Sandwich w/ Tomato Soup	Mac & Cheese w/ Breadstick Steamed Peas	Chicken Tinga over Tortilla Chips	Stromboli w/Sauce Carrot Coins
	Mashed Potatoes Com Apples Fresh Fruit	Cole Slaw Hummus w/ Celery Sticks Peaches Fresh Fruit Baked Snack Bag	Fresh Veggie Sticks Diced Pears Fresh Fruit	Refried Beans Salad Greens w/ Dressing Plantains Fresh Fruit	Fresh Veggie Sticks Pineapples Fresh Fruit
PB&J Meals, Yogurt Meals, Salads, and Sandwiches	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
	Chicken Tender Wrap: Reg. or Spicy w/Lettuce & Tomato	Nachos Grande w/ Turkey Taco & Queso w/ Chips	Lasagna w/ Garlic Knot Steamed Broccoli	Asian Bowl: General Tso or Teriyaki Chicken w/Stir Fried Rice Oriental Blend Vegetables	BBQ Rib Sandwich Steamy Com
Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears	Sugar Snap Peas Carrot Sticks Peaches/Fresh Fruit	Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples/Fresh Fruit Churro	Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	Salad Greens w/ Dressing Apples Fresh Fruit
Celery Grapes Strawberries	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
** Fruit & Vegetable Provided Depend On Availability	Southern Crispy Chicken Drumstick & Wings w/ Biscuit	Chicken or Beef Tamales	Hot Honey Beef Loaded Totchos w/ Roll	Meatball Sub or Dragon's Breath Sub (Jalapeno Chicken Meatballs)	Pork Carnitas or BBQ Pulled Turkey on Flatbread
Milk 1% and Skim White Skim Chocolate (Sov Milk is available for students	Baked Beans Carrot Sticks Peaches Fresh Fruit	Cilantro Lime Brown Rice Roasted Black Beans & Corn Tropical Mixed Fruit Fresh Fruit	Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit WG Cookie	Sidewinder Fries Fresh Veggje Sticks Pears/Fresh Fruit	Sweet Potatoe Fries Cole Slaw Pineapples Fresh Fruit
w/dairy allergies)	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
	No School		No School	No School	No Cobool
HEALTHY		No School		NO SCHOOL	No School
	The Red Knight LUNCH Meal Deal * Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal! Choose ONE Entree: Choose up to TWO Sides of Fruit: Choose up to TWO Veggies: Daily Entree Special Fruit Daily Vegetable Alternate Entree: Fruit Cup Assorted Fresh Veggies				

Fruit Cup Fruit Juice (only 1 serving)